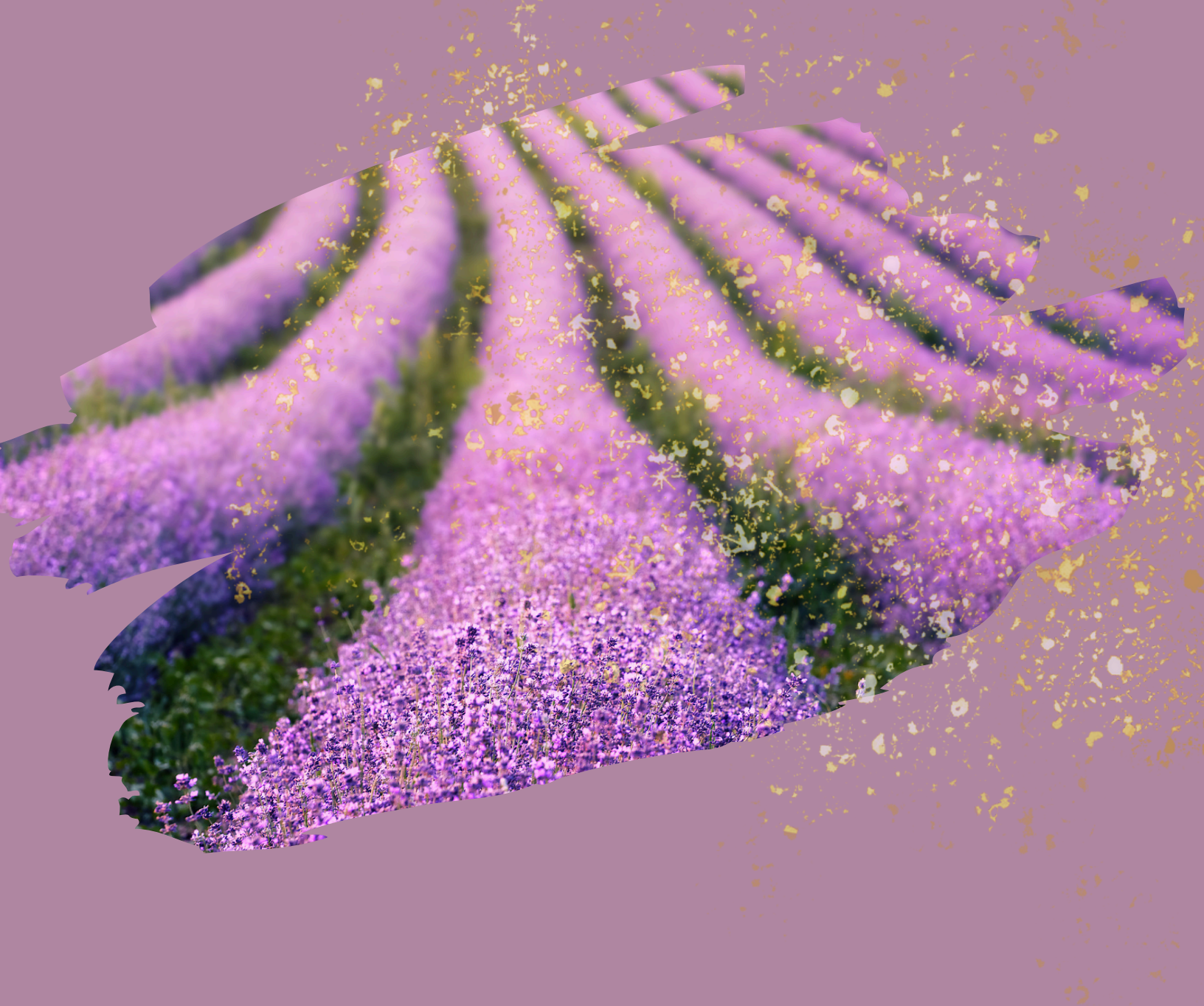


# The Visionary Pathfinders







YOU SEE POSSIBILITIES EVERYWHERE

THIS IS PART OF YOUR SUPERPOWER SYSTEM.  
KEEPING A POSITIVE OUTLOOK HELPS YOU STAY  
FLEXIBLE AND OPEN TO NEW OPPORTUNITIES IN LIFE.



# YOU THRIVE ON INSPIRATION

YOU MUST MAKE TIME TO FILL UP YOUR JOY CUP.  
WHAT INSPIRES YOU? MAKE A LIST AND CHECK  
SOMETHING OFF EVERY DAY/ WEEK. PLACE YOUR  
FEET ON THE EARTH.





# PRACTICES THAT KEEP YOU GROUNDED ARE YOUR GOLD

CHECK IN WITH YOUR BREATH DAILY. FIND A FEW  
MINUTES EACH DAY TO QUIET YOUR MIND AND  
ANCHOR INTO YOUR BODY THROUGH YOUR  
BREATH TO CALM YOUR MIND SO YOU CAN HEAR  
THE CLEAR, QUIET VOICE OF YOUR SOUL'S  
GUIDANCE

\*FULL PROCESS GUIDANCE





# DEEPENING YOUR JOURNEY WITH THE MYL PROCESS

AT MAGNETIZE YOUR LIGHT, WE VIEW INTUITION AND CREATIVITY AS TWO SIDES OF THE SAME COIN—INTUITION IS POTENTIAL CREATIVITY, AND CREATIVITY IS INTUITION IN MOTION. EACH ONE IS AN ENTRY POINT TO THE OTHER.

OUR PROCESS BEGINS BY GROUNDING IN THE BODY THROUGH BREATHWORK, MEDITATION, OR GUIDED VISUALIZATION. FROM THERE, WE OPEN THE DOOR TO CREATIVE EXPRESSION—LETTING ENERGY MOVE FREELY AND AUTHENTICALLY.

WE THEN DEEPEN THE EXPERIENCE WITH JOURNAL PROMPTS, HELPING YOU CAPTURE INSIGHTS AND ANCHOR YOUR SOUL'S CONVERSATION. THE RESULT IS A STATE OF AWAKENED ALIGNMENT—WHERE ENERGY, CREATIVITY, AND INTUITION FLOW AS ONE.

*Start Your Process Here:*

DOWNLOAD AND EXPLORE DEEP RELAXATION MEDITATION

MINDFUL COLORING: CREATIVE FLOW





# Mindful Coloring





# VISIONARY PATHFINDER

## Journal Prompts



WHAT POSSIBILITIES DO I SEE FOR MYSELF THAT OTHERS MIGHT OVERLOOK?

WHAT VISION FEELS "TOO BIG" OR "TOO FAR" RIGHT NOW —BUT KEEPS TUGGING AT MY HEART?

WHAT FEARS SHOW UP WHEN I THINK ABOUT LEADING WITH MY INTUITION, AND HOW MIGHT I TRANSFORM THEM INTO COURAGE?

WHAT WOULD MY FUTURE SELF THANK ME FOR DARING TO BEGIN TODAY?